



17,875 VOTERS HAVE THEIR SAY

Should you have more first aid training? The majority of young people say yes.

Visit www.votesforschools.com for the full story.

UP FOR DISCUSSION: COOKING IN THE CURRICULUM

This week, VotesforSchools voters will be answering the question: "Should cooking get more time in the curriculum?"

Why not discuss what you think about this question at home? Are you for or against more cooking at school?

THIS WEEK'S BIG READ: READY MEALS

Have you ever had a ready meal? Ready meals are food that has been prepared in a factory and packaged so that they can be bought and reheated at home in a microwave or an oven. Invented in 1945 in the USA, they transformed the way that millions of people eat all over the world.

At first, people celebrated how much easier this made people's daily lives and gave people the chance to try new foods. However, researchers are now concerned about the ingredients and nutrition in ready meals, as there is evidence to suggest that home-cooked meals are usually healthier.



GUIDED READING CHALLENGE

- What are ready meals?
- When were ready meals first invented?
- Where can ready meals be reheated?
- Name two benefits of ready meals.
- Find and copy a word that means "worried".

A GREAT STOREY

Dame Sarah Storey has extended her record as the most successful British Paralympian. She won the women's C5 time trial to claim her 18th gold Paralympic medal. Storey has won gold at five Paralympics in a row.



THE SEABIRDS KEEP SINGING?

Five seabirds have been added to the UK's "red list", which means they are at risk of becoming extinct. Scientists say that the Leach's Storm-Petrel, Common Gull and Arctic Tern are among Britain's most at-risk birds.



ANOTHER CAT AT NUMBER 10

Sir Keir Starmer has revealed that his family has welcomed a new kitten to Number 10 Downing Street. The new addition will join the family's other cat named Jojo, as well as Downing Street's official Chief Mouser, Larry.



DEPARTING FROM PLATFORM 9¾?

Harry Potter fans were disappointed after waiting at Kings Cross Station on 1st September when the annual announcement for the departure of the Hogwarts Express never came. This was to avoid crowds at the station.

